



SeafarerHelp

The lifeline for seafarers

Feeling low?

We are here to listen.

Our helpline is:

- Free
- Confidential
- Multi-lingual
- Available 24 hours a day, 365 days per year.



Find us on:



Contact us:

SMS

Send SMS messages to:

+44 7624 818 405

Email

Email us:

help@seafarerhelp.org

Live Chat

Live Chat at:

www.seafarerhelp.org

Toll Free

Toll Free:

00 800 7323 2737

Call Back

Request call back:

+44 (0)207 323 2737

Web

Find us online at:

www.seafarerhelp.org

skype

Skype us at:

info-seafarerhelp.org



WhatsApp*:

+44 (0)7909 470 732

*Available Monday - Friday, 08:00 - 18:00
UK time only

SeafarerHelp is supported by:



Service provided by:

